



**Light Up the Court**  
Register now for glow-in-the-dark pickleball at this year's Dink and Glow!  
Page 8



**Aging Without Decline**  
Join Dr. Bob to unlock simple strategies for stronger, healthier, and more resilient aging.  
Page 14

**Magic, Music, Moments**  
Experience incredible performers right here in Pelican Marsh — no traffic or hassle. Page 16



# THE PELICAN MARSH BRIEF

The Foundation of Pelican Marsh, Inc., Official Publication

January 2026 <Volume 17, No. 1>

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## Pelican Marsh in action

*Expansion, generosity, and community*

By Joseph Mulcahy, President, Pelican Marsh Foundation

As we begin a new year, I'm pleased to share several important updates, milestones, and community initiatives that continue to strengthen and enrich Pelican Marsh.

### Community Center expansion progresses

We are pleased to announce that we have reached an agreement with the Pelican Marsh Golf Club enabling us to move forward with the construction of a new employee parking area across the street from the Community Center.

This agreement represents a significant step toward our long-term vision. The additional parking capacity will allow us to begin planning the expansion and modernization of the Community Center, a project designed to meet the growing recreational, social, and lifestyle needs of our residents. Both the parking lot and the building



expansion are contingent on community approval.

### Board establishes expansion subcommittee

To ensure this next phase is professionally guided and aligned with community priorities, the Board has established a dedicated Building Expansion Subcommittee. This subcommittee is focused exclusively



Joe Mulcahy

on evaluating, planning, and recommending options for the Community Center expansion.

The subcommittee members include Keith Congleton, Bob Giannetti, Brian Macadon, Joe Mulcahy, Peter Ollen, Fiona Prentice, and Patrick Webb.

In December, the subcommittee held its initial session with an architectural firm to begin scoping early concepts, potential opportunities, and design directions for the Community Center expansion.

*continued on page 3*

## NOTICE of the Foundation of Pelican Marsh ANNUAL MEETING

March 26, 7 p.m.,  
in the  
Community Center  
(1504 Pelican Marsh Blvd., Naples FL, 34109)

If you would like to be a candidate for one of the two open Board seats, please complete and return a Candidate Form to Pelican Marsh administration for consideration by 5 p.m., Feb. 13.

Candidate Forms are available at the Community Center administrative office and on the Pelican Marsh website at [pelicanmarsh.com](http://pelicanmarsh.com). If there are more candidates than open seats, we will hold a Meet the Candidates Forum on Thursday, March 5, at 2 p.m.

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## Update Your Address(es)!

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in action...continued from page 1

This marks the beginning of a thoughtful, resident-driven planning process. We look forward to sharing conceptual designs and gathering community feedback as the project advances.

**A season of giving**

This holiday season once again highlighted the extraordinary generosity and compassion of our residents. Through a wide range of charitable initiatives, Pelican Marsh made a meaningful impact throughout Collier County.

**Food Drive** – Donations for St. Matthew’s House and Help’s Outreach provided essential support to families experiencing food insecurity.

**Blood Drive** – Thanks to remarkable resident participation, the Pelican Marsh Blood Drive helped save 30 lives.

**Toy Drives** – Pelican Marsh residents donated over 100 gifts for children served by Guadalupe Center and Grace Place for Children and Families, ensuring a joyful and memorable holiday season for families in need.

**Shelter support** – Essential supplies were collected for The Shelter for Abused Women & Children, offering comfort and stability to families seeking refuge.

**Canasta Tournament** – This year’s Canasta Tournament raised more than \$1,000 for Patty Baker Humane Society Naples, supporting the care and protection of local animals.

Thank you to all who contributed; your kindness continues to touch countless lives.



**Pro Tennis at Pelican Marsh**

On Nov. 21, 2025, Pelican Marsh proudly hosted a Pro Tennis League event showcasing an incredible level of play. The talent and enthusiasm around the courts made it one of the standout tennis events of the season.

This successful event would not have been possible without the dedication of our outstanding volunteers. Their contributions — from organizing and setup to cleanup, parking coordination, and on-court support — ensured the day ran smoothly and professionally. We extend our sincere thanks to everyone involved.

**Sports Fan Fun Friday**

On Dec. 5, 2025, residents gathered in the morning for a spirited Sports Fan Fun Friday Mixer, proudly wearing their favorite team jerseys and T-shirts. The courts were full of energy as tennis and pickleball players enjoyed a lively start to the day.

Although the event was free, attendees were encouraged to

bring an unopened toy for the Guadalupe Center Toy Drive. The turnout was tremendous and reflected the true Pelican Marsh spirit of pairing community fun with meaningful giving.

**Mentorship through pickleball**

We also extend special recognition to Gerry Hoffberg, whose volunteer leadership continues to make a meaningful difference. Gerry has been teaching

pickleball to the children of Grace Place for Children and Families, and on Dec. 11, 2025, he organized a special Grace Place Pickleball Exhibition. His dedication brings joy, mentorship, and opportunity to local children, reflecting the very best of the Pelican Marsh community.

**Dink and Glow returns**

The Third Annual Pickleball Dink and Glow Tournament returns on Jan. 22 With spirited play, friendly competition, and tremendous enthusiasm, this event quickly fills up and has become one of the most beloved events of the year.

Residents are encouraged to **sign up early**, as spots typically reach capacity well before the tournament date.

**Community built on connection**

As we begin 2026, we are reminded of what truly makes Pelican Marsh special: the kindness, involvement, and generosity of our residents. Whether through charitable efforts, social gatherings, or simply being supportive neighbors, our community continues to flourish because of you.

**Looking ahead**

The coming year promises exciting progress — from the Community Center expansion to enhanced amenities, strategic initiatives, and continued resident engagement. We look forward to keeping you informed and involved every step of the way.

On behalf of the Pelican Marsh Foundation and Board, thank you for your continued support, participation, and generosity.



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# Happy New Year!

**By Paul Maddry, General Manager, Pelican Marsh Foundation**

Welcome back residents. I hope everyone enjoyed the holidays and is ready for a fun and active season in Pelican Marsh. Let's get started!

January is when the Community Center really starts getting busy, with most residents back for the season. Please make sure you are registered on the Pelican Marsh website to check out all the upcoming activities and sign up for classes and events before they fill up. If you have not registered on the website, please email [website@pelicanmarsh.com](mailto:website@pelicanmarsh.com) to request instructions.

Courtside is looking forward to a busy and fun-filled season. They have updated menus and some great bands lined up for this season. Go to our website, [www.pelicanmarsh.com](http://www.pelicanmarsh.com), and check out Courtside's event calendar, menus, and make a reservation!

Pelican Marsh implemented electronic voting last year and about 78% of members signed up for it. It was very efficient and helpful in processing our voting for the last Annual Meeting held in March. GetQuorum, the company who provides our electronic voting services, will email an invitation



this month to members who have not signed up. An email will come from [notices@getquorum.com](mailto:notices@getquorum.com) inviting you to sign an Electronic Consent Form. We encourage every homeowner to sign this consent form for electronic voting as it will save us thousands of dollars each year in printing and postage costs!

As part of your New Year's resolutions, please make sure you have scheduled the needed cleaning and maintenance for your home. The summer rains and humidity cause mold and mildew to build up on walkways, walls, and roofs. Remember, the Pelican Marsh rules require all homes to be kept clean and maintained. Be a good neighbor and help keep the community looking its best!

This time of year brings out many residents who enjoy walking, running, or biking throughout the community. When driving, please make sure you and your guests follow the speed limit and make full stops at all stop signs. Let's keep everyone safe this season!

The staff appreciates everyone's help and support, and we are looking forward to a fun-filled season. Let's make 2026 a year to remember — with friends and neighbors enjoying everything Pelican Marsh has to offer.

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## OUR COURT SPORTS FACILITY

### Exciting court season ahead

By Johann Saurbier, Court Sports Director

On behalf of our staff — Allie, Victor, Megan, Mary, Christy, and Frank — we hope you all had a Merry Christmas, Happy Holidays, and we wish you a prosperous New Year!

We had a great fall season highlighted by some amazing weather. In November, we had an awesome pickleball fundraiser, The Tom Tarantino



Tarantino Pickleball Open

Open, where we donated food and raised more than \$3,000 for Help's Outreach. Additionally, we hosted the Naples Pro Tennis League. With the help of many volunteers, this event was a resounding success.

Allie has a fully stocked Pro Shop for your shopping pleasure. Check out new and seasonal items. If there are items on your wish list that are not in our Pro Shop, let us know and we can special order them for you.

#### The upcoming season

We have a comprehensive program in store for you that includes league play, clinics, cardio tennis, round robins, open play, ladder league, club championships, and a variety of special events.

Coming up in January is the ever-popular Dink and Glow. Make sure you **sign up early** as this event always sells out.

In February, we will hold the Third Annual Tri-Court Challenge, a unique three-sport event with proceeds benefiting Guadalupe Center. This event highlights the fact that we have 17 courts, three sports,

and one awesome Pelican Marsh community.

Tennis and Pickleball Club Championships get started in late-February and early-March, so it's not too early to find a partner. Winter League season starts in January with teams participating in both tennis and pickleball. If you are interested in playing on a team, please let us know. Check out our weekly newsletters and website for the schedule of events.

We anticipate the upcoming season to be the busiest the courts have ever seen. We have over 1,000 court sports players here at Pelican Marsh. With this many active players, it is sometimes difficult to find court time in the mornings. I would like to remind everyone that the afternoons and early evenings are beautiful and a great time to play. Nighttime play has been enhanced with our LED lights.

#### Court shoes and safety

For your safety and for the integrity of our courts, we ask that you wear appropriate court shoes. Court shoes (tennis shoes) are designed

with more support with lateral movement in mind. Running shoes are designed to go forward only. Investing in a good pair of court shoes will enhance your playing experience and minimize the risk of injury. There are several retailers in the Naples area that have a wide selection of shoes. Additionally, we highly recommend protective eyewear, particularly for pickleball.

Lastly, if you are coming from the tennis courts to the pickleball courts, please make sure you clean your shoes thoroughly (or bring a separate pair). We do not want clay on our new pickleball courts — or in the Fitness Center or Community Center. It will damage the surface and make for an unsafe playing environment.

We look forward to seeing you on the courts. Please let us know how we can further enhance your court sports experience. We are here to serve you (and to help you with your serve).

Remember to play with joy and gratitude.



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# Dink and Glow 2026

Save the date!

By Allie Parker, Pro Shop Manager

Mark your calendars, pickleball enthusiasts! The highly anticipated Dink and Glow event is returning for its third annual edition on Jan. 22. Get ready to light up the courts and showcase your skills under the glow lights!

Dink and Glow, known for its unique and vibrant atmosphere, is one of the most popular pickleball events of the year. Imagine playing friendly games on

courts adorned with glow-in-the-dark decorations, all under the radiant glow of specialized lighting. It's a truly unforgettable experience that combines the thrill of pickleball with a fun, festive twist. Don't miss your chance to participate in this electrifying event!

**Registration is now open!** Register online through

Courtreserve.com or call the Pro Shop at 239-514-3200 to register by phone. All registered participants will receive an exclusive glow-in-the-dark T-shirt to commemorate their participation in the Third Annual Dink and Glow event.

Make sure to register as soon as possible to ensure you receive your preferred size.



2025 Dink and Glow group

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# Rallies for a cause

By Allie Parker, Pro Shop Manager

## Tarantino Pickleball Open

The Second Annual Tarantino Pickleball Open, held on Nov. 10, 2025, was a resounding success! More than 60 pickleball enthusiasts from Pelican Marsh (and beyond) gathered

they have access to food and essential needs. From the bottom of our hearts, we want to extend a sincere thank you to everyone who made the Second Annual Tarantino Pickleball Open such a phenomenal success!



Tarantino Pickleball Open

under the lights to honor Tom Tarantino and support Helps Outreach, a fantastic organization dedicated to assisting families in Southwest Florida.

The evening was filled with exciting matches, friendly competition, and a shared spirit of generosity. Players of all skill levels participated, showcasing their pickleball prowess while contributing to a worthy cause. Thanks to the incredible generosity of our participants and supporters, we are thrilled to announce that the event raised over \$3,000 for Helps Outreach!

These funds will provide crucial support to families in Southwest Florida, ensuring

## Naples Pro Tennis League

Pelican Marsh hosted the Naples Pro Tennis League on Nov. 21, 2025. More than 150 members and guests came out

*continued on page 9*



The Naples Pro Tennis League, featuring Johann Saurbier

www.pelicanmarsh.com





to witness some of the best tennis talent in Naples! The night was packed with thrilling matches, exciting activities, and lots of laughs with fellow tennis enthusiasts. We supported Johann Saurbier, Director of Court Sports at Pelican

Marsh, as he showcased his skills on Court No. 4.

One of our well-loved member's, Henry Rose, was the winner of the Bvlgari watch raffle to support Beneath the Service, which helps men and women build upon the strengths of the



Henry Rose, winner of The Naples Pro Tennis League watch raffle

veteran community to renew identity, purpose, and connection after military service. Thank you to all the members that donated to this organization's raffle!

The Naples Pro Tennis League sold the most raffle tickets at Pelican Marsh which is a testament to the generosity of our community. We look forward to hosting the Naples Pro Tennis League next year as well!

### Fan Friday

On Dec. 5, 2025, our community came together for a day of friendly competition and holiday giving at our Fan Friday Tennis Round Robin and Pickleball Open. More

than 30 members participated in the event, showcasing their skills on the court as well as their generosity. The energy was high as attendees sported their favorite sports jerseys, embracing the joy of sports and camaraderie.

The event was about more than just sports. We were thrilled to collect more than 100 toy donations for Guadalupe Center! These gifts brought joy to children in need this holiday season, making a real difference in our community.

A huge thank you to everyone who contributed to this worthy cause!



More than 100 toys were donated for Guadalupe Center at the Fan Friday Tennis Round Robin and Pickleball Open.

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## OUR FITNESS FACILITY

# New year, strong start

*Refresh fitness and heart health for 2026*

By Patrick D. Webb, BS MBA CPT, Director of Fitness and Wellness

The new year is the perfect time to reset, refocus, and renew your commitment to a healthier lifestyle. Whether your goals include increasing strength, improving mobility, or simply feeling more energized, small, consistent changes lead to lasting results.

At the Pelican Marsh Fitness Center, we're here to help you start strong and stay motivated throughout the season. Our group fitness schedule offers something for every level and interest — from Spin and TRX Functional Fitness to Yoga, Zumba, Fit Lab, Barre, and Mat Pilates. Group classes are a great way to stay accountable, meet neighbors, and make fitness a fun part of your weekly routine.



Looking for personalized guidance? Schedule a session with one of our certified personal trainers to design a program that fits your goals and lifestyle. Even a few one-on-one sessions can help you gain confidence, improve form, and achieve results safely and efficiently.

As we move into February, we also celebrate Heart Health Month — a great reminder that regular movement and stress management are vital for a strong, healthy heart. Activities like spin, barre, and Pilates build endurance and strength, while yoga and massage therapy help reduce stress and promote recovery.

We're also proud to welcome our talented massage

therapists, Tatiana Leon and Teresa Ghafoori, who bring extensive experience in both therapeutic and relaxation techniques. Massage therapy is a perfect complement to your fitness routine, improving circulation and reducing tension — both essential for heart health.

Let's make 2026 the year of wellness, strength, and vitality. Join a class, book a massage, or meet with a trainer — and remember, your first group fitness class is **complimentary!**

Sign up online through the Pelican Marsh website and start your year strong — your heart will thank you.



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# Embracing gym etiquette

By Patrick D. Webb, BS MBA CPT, Director of Fitness and Wellness

As we enter the new year and recommit to our health and wellness goals, the Pelican Marsh Fitness Center continues to be one of our most valued community spaces — a place where residents come together to stay active, motivated, and connected.

To ensure the experience remains safe, enjoyable, and welcoming for everyone, we'd like to highlight a few reminders about proper gym etiquette.

### 1. Respect equipment and environment

Our Fitness Center features premium equipment designed to support a wide range of workouts. Please handle all machines and accessories with care, wipe them down with the provided sanitizing wipes after each use, and return weights and other tools to

their designated storage areas. Keeping the space organized helps everyone enjoy a smoother workout.

### 2. Be mindful and share space

Peak hours can get busy — especially during the winter season. Be considerate of others waiting to use equipment by limiting time on machines and allowing others to “work in” between sets when possible.

### 3. Limit noise and distractions

We encourage enthusiasm, but please avoid dropping weights or engaging in loud conversations. Likewise, refrain from making phone calls or scrolling on your cell phone while on the

equipment. This helps keep traffic flowing and ensures that everyone can focus on their workouts without unnecessary distractions.

### 4. Prioritize personal hygiene

Cleanliness is a key part of gym courtesy. Please come prepared with a clean towel, use deodorant, and refrain from wearing heavy fragrances that may affect others.

### 5. Dress for safety and comfort

Appropriate workout attire is essential. Closed-toe athletic shoes, shirts, and fitness-appropriate shorts or pants must be worn at all times. Flip-flops, slides, and bare feet are not permitted in the fitness center.

### 6. Be courteous and supportive

Pelican Marsh is a community built on respect and

camaraderie. A friendly greeting or offer to help can make someone's workout more enjoyable — especially for new members getting acquainted with the space.

### 7. Safety first

If you're unsure how to use a piece of equipment, please don't hesitate to ask our Fitness Team for assistance. Proper technique and awareness are the best ways to prevent injury and ensure long-term progress.

By following these simple guidelines, we can all help maintain the Pelican Marsh Fitness Center as a clean, safe, and welcoming environment where everyone can thrive.

Here's to a strong, healthy, and respectful start to 2026! 🦩



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# Welcome back to Courtside

By Susan Cousins, Operator



Courtside is thrilled to welcome Pelican Marsh residents back for another unforgettable season of great food, live music, and connection. From casual cocktails to lively dinners with friends, Courtside continues to offer a warm, inviting atmosphere perfect for casual evenings, social get-togethers, and relaxed dining.

Guests can enjoy a seasonal menu featuring fresh, flavorful entrées and thoughtfully crafted beverages, along with a welcoming bar setting



designed for both conversation and comfort.

Live entertainment keeps the energy alive all week long with big band music and dancing on Sundays, talented solo and duo performances on select weeknights, and special musical features throughout the season. View the full entertainment schedule on the Pelican Marsh Activities Calendar and our

website, [courtsideatpelicanmarsh.com](http://courtsideatpelicanmarsh.com).

Courtside is open daily from 11 a.m. to 9 p.m. with a happy hour each day featuring drink specials and reduced-price appetizers from 2 to 5 p.m. Reservations are highly recommended, but walk-ins are welcome. Make your reservations via the Pelican Marsh portal at [PelicanMarsh.com](http://PelicanMarsh.com).

And don't miss our live music engagements! For dates, times and menus, visit the Courtside website at [courtsideatpelicanmarsh.com](http://courtsideatpelicanmarsh.com).



## ACTIVITIES & EVENTS

### 100 Women Who Care Naples

*Making community giving simple and powerful*

By Lynn Atzingen, Director of Activities

In Naples, there's a growing group of philanthropic women working to make a tangible difference: 100 Women Who Care Naples. They're part of a larger movement — 100 Who Care



Alliance — that brings together women who are committed to helping their communities through collective giving.

At their recent giving event

*continued on page 13*





# “The Current State of the Markets”

Lunch & Learn, sponsored by Morgan Stanley

By Lynn Atzingen, Director of Activities

Start the new year informed, engaged, and prepared. On Jan. 20 at 11:30 a.m., Pelican Marsh will host a Lunch & Learn seminar, led by Stephanie A. Petrosini and sponsored by Morgan Stanley. This timely program, “The Current State of the Markets,” will provide residents with a clear and valuable look at today’s financial landscape.

Stephanie brings a wealth of expertise to this popular series. As a seasoned financial advisor with Morgan Stanley, she is known for her thoughtful guidance, in-depth market knowledge, and ability to translate complex financial trends into practical, easy-to-understand insights. Her work focuses on helping individuals navigate changing economic conditions with confidence, and her long-standing reputation for professionalism and clarity has made her a trusted resource for many Pelican Marsh residents.

Participants will enjoy a complimentary lunch provided by



Courtside, creating the perfect setting for learning, conversation, and community connection. These Lunch & Learn events have a strong history of success — thanks to Stephanie’s engaging presentation style and her commitment to delivering information that truly matters.

Because these sessions have been filling quickly, **early registration is strongly encouraged**. Reserve your spot at PelicanMarsh.com to ensure you don’t miss this informative start to the year.

Stay informed. Stay prepared. And join us for a lunch hour that offers insight, clarity, and great conversation.

## 100 women who care...continued from page 12

at Pelican Marsh, they had three nonprofits present: Feed Thy Neighbor, Project Help Naples, and Hope 4 Kids. While all three nonprofits were amazing, Feed Thy Neighbor was chosen as the “Impact Award” recipient.

The group currently has 51 members and raised \$5,100 for Feed Thy Neighbor. The next giving event is Jan. 14 at the Pelican Marsh Community Center. Registration and Social is

from 5 to 5:30 p.m.; Nonprofit Presentation and Selection is from 5:30 to 6 p.m.

We are working hard to grow the group to 100+ women. Anyone interested in learning more about how we can collectively make a difference in the community is encouraged to attend the meeting. No need

to sign up. Please join us!

More information can be found at 100womenwhocarenaples.com.



# Community donates, lives saved

Another chance to give on Jan. 20

By Lynn Atzingen, Director of Activities

Pelican Marsh residents once again demonstrated their generosity and community spirit during the Community Blood Center blood drive, held on Nov. 18, 2025. The Community Blood Center, an affiliate of NCH, relies on local donors to maintain a strong and steady blood supply for patients in need, and our community stepped up in a remarkable way.

Thanks to the donors who participated — enough blood



was collected to help save up to 30 lives. Your willingness to give makes a real and lasting impact, and we extend

our heartfelt appreciation to everyone who took the time to donate.

For those who were unable to participate, another opportunity is just around the corner. **The next blood drive will be held on Jan. 20 at the Pelican Marsh Community Center.** Additional details will be shared soon.

Thank you again to all who contributed — you are truly making a difference.



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# Open Mic Night

Save the date, Jan. 26

By Lynn Atzingen, Director of Activities

Get ready for another unforgettable evening — Open Mic Night is returning on Jan. 26, and you won't want to miss it! Always a crowd favorite, this lively event brings together friends, neighbors, and plenty of talent for a fun-filled night of music, laughter, and community spirit.

Whether you love to cheer from the audience or you're ready to take center stage, Open Mic Night is the perfect opportunity to relax, enjoy great entertainment, and celebrate the creativity within our community. These events are known for their warm, welcoming atmosphere, and of course, the wonderful variety of performances that make each one unique.



### Calling all performers

If you have a talent you'd like to share — singing, storytelling, comedy, poetry, or anything in between — we'd love to see you shine! To reserve your spot on the program, please contact our fantastic host (and performer!),

Tom Enright, at [tom.enright@enrightconsulting.ca](mailto:tom.enright@enrightconsulting.ca).

Mark your calendar, invite your friends, and get ready for a night of creativity and fun. We can't wait to see you on Jan. 26! And **don't forget to register** on [Pelicanmarsh.com](http://Pelicanmarsh.com) for this **free event**.



# Learn Spanish

Led by resident instructor Judy Imprevaduto

By Lynn Atzingen, Director of Activities

Have you ever wanted to learn Spanish — or improve your skills — in a fun and engaging environment? Beginning Jan. 26, Pelican Marsh is pleased to offer Spanish classes for beginners, intermediate, and advanced learners, taught by our very own resident, Judy Imprevaduto.

Judy is a retired Spanish teacher who has graciously agreed to teach classes for our

residents. After her first year of instruction at Pelican Marsh, feedback was overwhelmingly positive, with students praising how easy and enjoyable it was to learn using her teaching methods. Her classes are not only educational but also a delightful way to connect with fellow residents.

Whether you're starting from scratch or looking to

refine your skills, these classes provide the perfect opportunity to explore a new language and culture in a supportive and friendly setting.

Expand your horizons and join Judy for a rewarding journey in Spanish. Learning has never been this enjoyable! Register for classes on [Pelicanmarsh.com](http://Pelicanmarsh.com) or call 239-594-7800.



# Special longevity program

Led by resident Dr. Bob DeMaria

By Lynn Atzingen, Director of Activities

On Jan. 26, 11 a.m., Pelican Marsh will host a unique and inspiring wellness event centered on a powerful idea: you can age without decline.

While getting older is inevitable, how you age — your energy, mobility, clarity, and resilience — is deeply influenced by the choices you make today. That is the foundation of "Five Systems That Predict Your Future Health," a special presentation led by Pelican Marsh resident Dr. Bob DeMaria, widely known as "The Drugless Doctor."

Dr. Bob is a nationally recognized natural health authority with more than four decades of experience helping people improve their health through drugless, holistic, and lifestyle-based strategies. His work focuses on understanding how the body's systems interact and how addressing small imbalances can prevent larger problems later. Dr. Bob has authored multiple books, appeared on national media, and has helped thousands of people rethink aging — not as a period of decline, but as a renewed opportunity for vitality.

During this special longevity program, Dr. Bob will explore the five key systems that offer insight into your long-term health, how they function, and what simple changes you can



make now to support them. Participants will walk away with practical tools, easy-to-understand explanations, and a refreshed sense of control over their own well-being.

What makes this event even more meaningful is that Dr. Bob is part of the Pelican Marsh community. His passion for natural wellness and his commitment to educating and empowering others make him a valued neighbor and a trusted voice in the field of drug-free health strategies.

Whether you're already focused on healthy aging or are looking for a motivating place to start, this event offers encouragement, clarity, and actionable guidance. Come learn how to strengthen your future by understanding your body today — and discover that aging can be not just manageable, but vibrant.

Please **register in advance** on [Pelicanmarsh.com](http://Pelicanmarsh.com).



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Wisdom & Wellness Expo

This season's amazing entertainment

Start the new year strong

By Lynn Atzingen, Director of Activities

As we welcome a fresh new year, there's no better time to focus on feeling your best — mind, body, and spirit. Pelican Marsh invites you to kick off 2026 with inspiration and information at our “Age Without Decline” presentation on Jan. 26 at 11 a.m., and a Wisdom & Wellness Expo, held on Jan. 27, noon–3 p.m.

The Wisdom & Wellness Expo is designed to help you explore your options for aging well and living your healthiest, most fulfilling life. Guests are encouraged to **register in advance** on [Pelicanmarsh.com](http://Pelicanmarsh.com) for a **complimentary lunch**, then spend the afternoon discovering valuable resources and connecting with experts who specialize in wellness at every stage.

The expo will feature:

- Keynote speakers offering

insight, motivation, and practical tools for healthy living

- Educational panel discussions with Q&A, giving you the chance to dive deeper into topics that matter most
- Vendors and local experts sharing services, products, and guidance to support your wellness journey
- Access to resources that empower you to live your best life

Attendees will also have the opportunity to enter a drawing to win a sunset cruise for six — a delightful experience generously presented by EngAging.

Make 2026 the year you prioritize your health, happiness, and overall well-being. We look forward to seeing you at these inspiring community events!



Right here at Pelican Marsh

By Lynn Atzingen, Director of Activities

There's no need to battle the busy Naples traffic to enjoy top-tier entertainment this season. Pelican Marsh is bringing exceptional performers right to your doorstep — offering fun, convenience, and unforgettable experiences — all close to home.

### Noah Sonie, Mentalist, Feb. 3

Prepare to be amazed as Noah Sonie, a nationally recognized mentalist and magician, takes the stage. Known for his high-energy performances, sharp wit, and mind-bending illusions, Noah blends modern magic with psychological sleight-of-hand that will keep you guessing all night long. His interactive style makes every audience member part of the show, ensuring an

evening of wonder, laughter, and astonishment.

### Virgil Cain, Solo Musician, Feb. 25

Music lovers won't want to miss Virgil Cain, a talented multi-instrumentalist and one-man musical powerhouse. Using live looping, keyboards, guitar and vocals, he creates the sound of a full band right before your eyes. His setlist spans popular hits from every decade, offering something for everyone. Energetic, versatile and engaging, Virgil brings a concert-style experience to the community in a uniquely intimate way.

### Real Deal Dueling Pianos, March 3

Get ready for an evening of pure fun with Real Deal



Dueling Pianos, a fan-favorite act known for lively performances driven by audience requests. These seasoned entertainers combine comedy, impressive musical talent, and nonstop energy to create a show that keeps audiences singing, laughing, and clapping along. It's interactive entertainment at its best, and the perfect way to begin March!

Register for all events at [PelicanMarsh.com](http://PelicanMarsh.com) or call 239-594-7800.

Stay close to home, skip the crowds, and enjoy a spectacular lineup of performances right here at Pelican Marsh!



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## Fall bocce season ends

Winter league kicks off Jan. 5

By Lynn Atzingen, Director of Activities

The Fall Bocce League at Pelican Marsh wrapped up in style on Dec. 2, 2025, as the champions from each competitive time slot — Sundancer, Tuesday, 5:30 p.m.; Marsh Strollers, Wednesday, 4 p.m.; and Green Flash, Thursday, 5:30 p.m. — met on the courts for an exciting showcase of skill, teamwork, and sportsmanship. After a series of outstanding plays,

the Green Flash team rose to the top, earning the 2025 Fall Bocce Season Champions title.

The match was a fitting finale to a successful and fun season that brought neighbors together and filled the courts with friendly competition. As we close out the fall league, excitement is already building for what's ahead.

*continued on page 17*



Green Flash – Tony Murabito, Lori Murabito, Theresa Smith and Jeanette Micoch (a sub for Fred Smith)



# Canasta Tournament support

Thank you!

By Lynn Atzingen, Director of Activities

The recent Canasta Tournament at Pelican Marsh was a wonderful success, thanks to the enthusiasm and generosity of everyone who participated. Together, our community helped raise \$1,000 for Patty Baker Humane Society Naples, an organization that continues to provide essential care, compassion, and second chances to animals in need.

The afternoon was filled with friendly competition, laughter, and plenty of excitement. Congratulations to our tournament

champions, Cecelia English and Maria Savich, whose stellar play earned them the top spot!

A heartfelt thank-you goes to Angelic Desserts and Starbucks, both located in the Vanderbilt Collection, for donating the prizes for our winners. Their support added a special touch to the day and helped make the event even more meaningful.

One of the highlights of the event was a visit from the Humane Society's adoption bus. Participants and spectators

enjoyed meeting two adorable puppies, a sweet senior dog, and two charming adult cats — all looking for loving homes. Their presence reminded us exactly why this fundraiser matters and how our contributions make a real difference.

Thank you again to everyone who came out, played, donated, and supported this wonderful cause. Your participation helped make the day memorable and helped make life a little brighter for animals throughout our community. 🐾

# Start the new year right

Update your Pelican Marsh profile

By Lynn Atzingen, Director of Activities

As we welcome a new year, it's the perfect time to get organized and that starts with making sure your Pelican Marsh resident profile is up to date. Keeping your information current helps us communicate with you quickly and accurately, especially when it matters most.

Updating your profile is simple. Once you're logged in to the Pelican Marsh website, just click on "My Profile" in the top left corner. From there,

take a moment to review your phone number, email address, emergency contacts, and any other important details.

### Why is this so important?

- Emergency notifications rely on accurate contact information
- Event reminders and community updates are sent through email
- Security and safety - up-to-date records for resident safety
- Faster communication

ensures you never miss essential information

A few minutes now can help prevent missed messages, returned emails, or delays when urgent communication is needed.

Start the year off on the right foot — login today, review your profile, and make sure your information is current. Your attention helps keep Pelican Marsh running smoothly, safely, and efficiently for everyone. 🐾

bocce...continued from page 16

The Winter Bocce League begins Jan. 5 and runs through the end of March. In addition, the Southwest Florida Bocce League kicks off in January, featuring our men's travel team — and for the first time ever — a Pelican Marsh ladies travel team!



Marsh Strollers – Diana Henning, Tom Gargiulo, Debbie Dawley and Rick Darer  
[www.pelicanmarsh.com](http://www.pelicanmarsh.com)

Sundancers – Lynn Danzig, Cathy Kostiw, Lynn Atzingen (a sub for Pierre-Marie Beauvoir) and Sue Morrow

Here's to another great season of camaraderie, competition, and community spirit on the bocce courts! 🐾

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# PELICAN MARSH WOMEN'S LEAGUE

## Ring in the new year!

By Emilia Libers, PMWL

Let's ring in 2026 with happiness in our hearts and the hope of wonderful things to come. Happy New Year from the Pelican Marsh Women's League!

From interest groups to special events to luncheons, Pelican Marsh Women's League is growing in numbers and is offering a variety of interesting, educational, and engaging events.

Our December Luncheon had an interesting speaker and it was well-attended. Prior to the luncheon, Pelican Marsh Women's League sponsored a Christmas Toy Drive for Friends of Foster Children Forever. A heartfelt thank-you to League members that donated toys. Your generosity is very much appreciated!

### Upcoming events

Fun and educational events await our league members this winter and spring. In January, our League members will learn how to craft practical or whimsical creations in glass and mosaics at the Naples Glassworks studio. The owner of Naples Glassworks, Judy Belmont, will be our guest speaker at the February luncheon. She will speak about transformative power of creativity. Our final luncheon this season will take place at the Pelican Marsh Golf Club in April. The exact dates of these events will be listed in our monthly newsletter.

Only PMWL members are eligible to participate in the League's events and small interest groups, so do not wait — join our Women's League!



PMWL Golf Group

Membership enrollment and renewal is open on the Pelican Marsh website until Jan. 31. The



**Our Mission:** To provide the opportunity for all women residents of Pelican Marsh to enjoy cultural, social, educational and charitable activities in the spirit of friendship and community.

yearly membership fee for the Pelican Marsh Women's League is \$40, with monthly events running from October to April. Some interest groups meet in the summer as well. This membership fee becomes a charitable donation to worthy institutions in our area at the end of the season. If you are already a League member and you have not paid your dues yet, please renew your membership by Jan. 1.

Tuesday, Feb. 10. These events are for women residents in Pelican Marsh who would like to learn about our organization. If you are already a member of the Women's League, please join us for coffee and bring a friend, a neighbor, or a new Pelican Marsh resident. Come out and meet current members, other interested newcomers, and learn more about this terrific organization.

Please RSVP to Esther Fusco at [Esther.Fusco@hofstra.edu](mailto:Esther.Fusco@hofstra.edu) if you would like to attend Coffee and Conversation. New Membership Forms and copies of the January and February newsletters will be available at the Coffee and Conversation events.

Additionally, feel free to contact our League's President, Diane Romano, at [dmroma53@gmail.com](mailto:dmroma53@gmail.com) if you would like to have more information about Pelican Marsh Women's League.

**Small interest groups**  
Small interest groups are the backbone of our League. We currently have many interesting and engaging interest groups within the League. Suggestions from members for activities they'd like to pursue are always welcome.

Our very popular Coffee and Conversation events take place at the Pelican Marsh Community Center and are scheduled from 10 to 11:30 a.m. on Tuesday, Jan. 13, and

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VS. 2024

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# PELICAN MARSH GROUPS Knitting in the new year

By Linda Enright

Happy New Year to all. The years seem to fly by, and now we find ourselves welcoming in the year 2026! The yarn crafting group has been cheerfully meeting since October, and we are looking forward to the return of our winter season friends. We also hope to welcome you! If you enjoy knitting,

crocheting, needlepoint or embroidery, the Community Center lobby is the place you want to be every Wednesday afternoon from 2 to 4 p.m. All skill levels are welcome — and if you want to learn, we would be happy to help you. If you would like more information, contact me at linda.enright@rogers.com.



# Completing your event registrationsAnd why it matters

By Lynn Atzingen, Director of Activities

When it comes to events at Pelican Marsh, registering is just the first step. To secure your spot, it's crucial to complete your registration by making your payment. Without this final step, your registration isn't finalized, and unfortunately, this means you don't have a guaranteed place at the event.

Here's why finishing your registration is so important: **Avoid missing out** – Pelican Marsh events are popular, and spots can fill up quickly. If your registration isn't complete and someone else is ready to pay, your spot could go to them. We understand how much our members enjoy these events, and we don't want you to miss out on an experience you've been looking forward to simply because your payment wasn't submitted.

**Secure your place** – An incomplete registration signals to us that your participation isn't confirmed. By finalizing your registration with payment, you're letting us know you're committed to attending. This ensures we reserve your place and include you in all event planning.

**Make life easier with a stored card** – To streamline the process for future registrations, consider storing your credit card information on our secure website. This feature makes it quicker and easier to complete registrations for upcoming events, so you won't have to dig for your wallet every time a new event opens up.

**Help us help you** – When everyone completes their registrations on time, it allows us to better manage events,

prepare the right amount of supplies and ensure everyone has a fantastic experience. Your timely payment helps us create the best events possible.

### Don't wait — secure your spot today!

If you've started registering for an event but haven't completed your payment, please do so as soon as possible. It's the only way to ensure your place at the event. Whether it's an art class, a community party, or a special holiday celebration, we want you to be part of the fun.

Take a moment to log in to the Pelican Marsh website, complete your payment, and enjoy the peace of mind that comes with knowing your spot is reserved.

Let's make great memories together!

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Keep your address(es) up to date (both physical and email) for news from the Pelican Marsh Foundation. Please contact Monique Rowell in the administrative office at [mrowell@pelicanmarsh.com](mailto:mrowell@pelicanmarsh.com) or call 239-594-7800 between the hours of 9 a.m. and 4 p.m., Monday through Friday.

## THE PELICAN MARSH BRIEF

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Experience luxury living in this updated estate home in Escada at The Ritz-Carlton Tiburón. This spacious, light-filled home features 16' ceilings, European white oak flooring, custom millwork, and designer lighting. The gourmet kitchen boasts neutral finishes, a large island, custom cabinetry, and top-tier Wolf and Sub-Zero appliances. The expansive primary suite includes dual baths, dual closets, and French doors to a covered lanai. With three guest suites, a den, and study, there's room for both comfort and functionality. Enjoy a resort-style saltwater pool and spa, summer kitchen, fireplace, and covered outdoor living.

## AUGUSTA



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2522 Augusta Dr.

Exquisite waterfront 3BR + study, 3 full bath pool home. Upgrades throughout, including SS appliances, central vac system, wine bar w/fridge, custom coffered ceilings and crown molding, outdoor pool shower and more. Zero corner pocketing sliding doors in great room open the view to pool area and lake views in two directions. Primary suite with Jacuzzi tub, separate his & her closets, walk-in shower, separate water closet, and French doors to pool area. Elegant wood floors in living room, master BR and study. Kitchen, family room and living room overlook lanai and lake beyond. Formal dining room.

## MONT CLAIRE



**\$1,495,000**

2330 Mont Claire Dr. #202

Delight in this totally remodeled 2nd floor 3-bedroom, 3-bathroom unit in sought after Mont Claire at Pelican Marsh. Over 2600 square feet of exquisitely appointed details including, new cabinets, new fixtures, built-in fridge/freezer, Miele built-in coffee maker, microwave and wall oven, Asko dishwasher, new flooring, crown moldings, quartz tops, high baseboards, new 8' doors, plantation shutters, hurricane rated sliders, and newer roof. Ideally located with bright southern exposure and lake/golf course views. You owe it to yourself to see this property! Call today for your private showing.

## OSPREY POINTE



**\$1,295,000**

9061 Whimbrel Watch Ln. #102

Time to enjoy the rewards of your hard work with this unique opportunity in desirable Osprey Pointe. This southern exposed 3-bedroom, 2.5 bath, 2 car garage offers 2060 square feet of air-conditioned space. Totally remodeled and appointed with top-of-the-line materials including: Legano Bastone wood floors, porcelain tile, Emtek door hardware, solid core 3-panel doors, Pompeii quartz countertops and vanities, new electrical switches, LED lighting, high baseboards, new cabinets and so much more. This unit needs to be seen in person. Call today for your private showing.

## MONT CLAIRE



**\$1,295,000**

2355 Mont Claire Dr. #201

Outstanding lake and golf course views complement this 2748 sq.ft. 2nd floor condominium nestled in the heart of Pelican Marsh at Mont Claire. The well-designed living space has a great room, formal dining room, den/media room, breakfast nook, three large bedrooms, bonus room, storm shutters, private elevator, and a two-car garage. Features include a new A/C, wet bar for entertaining, stainless appliances and granite tops in the kitchen, updated seamless glass shower in the master bath, crown molding, and recessed lighting. The great room opens to the lanai, creating a cozy seating area and entertaining space to complete the Florida lifestyle.

## TIMARRON



**\$1,050,000**

2003 Timarron Way

Beautifully, well-maintained home with new roof, new appliances in highly sought-after gated neighborhood, perfectly situated in the heart of Naples. Enjoy stunning water views from this charming property, offering a blend of tranquility and convenience. With easy access to local amenities, shopping, and dining, this home provides an ideal balance of luxury and practicality. Pelican Marsh offers several levels of memberships. Don't miss the opportunity to own a gem in this exclusive community.

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